

WOC 2024

TEST RACES

29 - 30 June



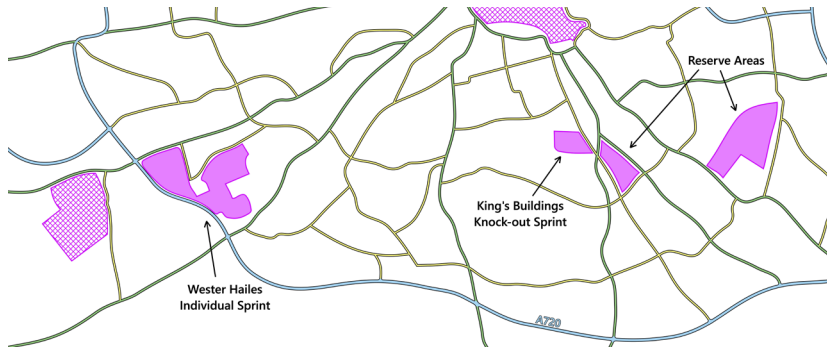
Bulletin 1



WELCOME

In preparation for WOC 2024, Edinburgh University Orienteering Club – on behalf of the WOC organising team – invite all national teams to a weekend of Test Races. The competition formats include a Sprint and a Knock-Out Sprint.

The races are suitable to be used as selection races by national federations. These test races will be held in Edinburgh.



ORGANISING TEAM

Organisers: Joe Hudd, Joe Sunley & Fiona Eades
 Competition Enquiries: testraces@woc2024.org

Saturday Course Setter: Frank Townley
 Saturday Mappers: Dave Peel / Alasdair Pedley
 Saturday Controller: Steve Scott

Sunday Course Setter: Graeme Ackland
 Sunday Mapper: Graham Gristwood (Updates Joe Hudd)
 Sunday Controller: David Eades

PROGRAMME & TIMINGS

Friday 28th June - SportIdent Training
 17:00 - First Start
 18:45 - Last Start

Saturday 29th June - Individual Sprint
 09:30 - Quarantine Opens
 10:00 - All athletes must be in quarantine
 10:40 - First Start
 12:00 - Last Start
 12:30 - Courses Close

Sunday 30th June - Knock-out Sprint
 08:45 - Quarantine Opens
 09:15 - All athletes must be in quarantine
 09:30-11:15 - Quarter Finals
 11:45-13:05 - Semi Finals
 13:25-14:45 - Finals
 14:45 - Prizegiving

EMBARGOED AREAS

Competition areas are contained by pre-existing [WOC embargoes](#) (Wester Hailes and Kings Buildings). In order to mitigate against potential problems, additional (reserve) areas have been placed under embargo. These areas can be viewed [here](#).

GENERAL INFORMATION

CLIMATE

The temperature in Edinburgh over the weekend is expected to have a high of 19°C and a low of 10°C. Sunrise will be around 0430 and sunset around 2200.

CLOTHING

There are no restrictions on footwear. Shoes with good grip are recommended as there are areas of slippery grass on all courses over the weekend. There are no restrictions on clothing, however we ask competitors to dress to weather conditions.

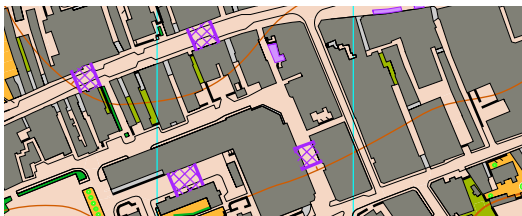
PUNCHING SYSTEM

SportIdent Air+ punching will be used for both races. A run-through finish will be in operation for all races. A standard finish unit will be provided should a runner's SIAC fail during the race.

ARTIFICIAL BARRIERS

Artificial barriers may be used. If used, these will be on the map as shown below.

On the ground, barriers will be marked by a combination of trestles and red/white tape. Marshalls will be present at all barriers. On Friday, barriers will not be marked in the terrain.



START LISTS AND RESULTS

Start lists and results will be available at results.woc2024.org/woc-test

DOWNLOAD

All competitors must report to download regardless of whether they have completed the course.

HEALTH AND SAFETY NOTICE

All competitors must use caution when crossing roads, special care should be taken by international athletes as traffic drives on the left-hand side of the road in Scotland. Competitors are responsible for their own safety whilst running their courses.

RULES

The races will be held under the British Orienteering Federation rules. These can be found [here](#).

PREVIOUS MAPS

There is no previous map for Wester Hailes. The old map for Kings Buildings can be found on the [WOC 2024 Event Information](#) page.

PHOTOGRAPHY

Michael Philp (@runclubcafe) will be in attendance. If you like any of his photos, please consider donating [here](#).

PRIZEGIVING

Prizegiving for both races will be conducted at approximately 14:45 on Sunday. Prizes will be awarded to the top 3 in each category for both races.

SPRINT TRAINING - 28TH JUNE

VENUE

Poltonhall

Event centre: [Poltonhall Recreation Ground Pavilion](#).

Parking is available in the surrounding streets. The Lothian buses no. 31 also goes directly to the event.

TERRAIN DESCRIPTION

Typical Scottish housing estate. Many small alleyways. Patches of grass.

MAP

1:4000, contour interval 2.5m, ISSprOM2019-2, Drawn in 2023 by Alasdair Pedley. An old map is available here: <https://www.alasdairpedley.com/poltonhall-for-aros-sprint-relay-start-to-finish/>

STARTS

Located around 300m from the event centre. You may start at any time between 17:00 and 18:30.

COURSE DETAILS

One course: 4km, 20m of climb.

Barriers - if used - will not be marked in the terrain.

Planned by Joe Hudd (WOC KOS Quali Planner).

Courses close at 19:00.

INDIVIDUAL SPRINT - 29TH JUNE

VENUE

Wester Hailes

The arena location and specific competition area will not be disclosed before the event. Quarantine will be signposted from Westside Plaza Bus Stop (<https://maps.app.goo.gl/rd3XvKVrnMk5pNYk7>). Westside Plaza offers strong Bus & Train (station name: Wester Hailes) links to the rest of Edinburgh. Parking spaces are available, however we strongly encourage teams to use public transport to reach these events.



Allow 5 mins to walk
You **must not** leave the marked path into the embargo.

TERRAIN DESCRIPTION

Mixed residential area. Running surfaces are a mix of paved roads, paths and communal grass areas between housing. The area is mostly flat with only limited gradients.

MAP

1:4000, contour interval 2.5m, ISSprOM2019-2, Drawn in 2023 by Dave Peel (Peel Land Surveys). Updates 2024 by Alasdair Pedley. No old maps are available.

FIRST START

10:40

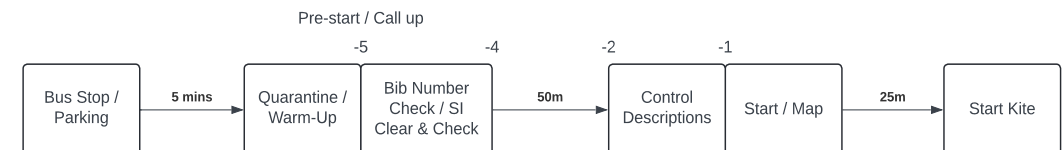
START INTERVAL

1 min between athletes of the same gender.

COURSE DETAILS

	Optimum distance	Climb
Men	4.1km	20m
Women	3.6km	15m

SCHEDULE



QUARANTINE

The quarantine will be located indoors. Quarantine will open at 09:30 am. All athletes must be checked into quarantine by 10:00am. A warm-up map will be provided to all athletes. There will be a bag drop and any bags left here will be transported to the arena.

PRE-START / CALL UP

Athletes will enter the pre-start area 5 minutes before their start. They will then have 3 minutes to reach the start boxes at -2. This route will involve crossing a minor road.

MAP FLIP

Both courses contain a map flip at a control. This will be marked in the control descriptions using the recently added map flip symbol. The start of part 2 will be marked with a control circle containing a start triangle.

FINISH AREA AND COOL DOWN

There will be a Cool-Down area (including an area inside) available adjacent to the finish. Warm down maps will be provided. Please note team tents are not permitted.

Specific Technical Information

Wester Hailes contains many buildings where communal 'front-doors' are left open, making it possible to 'run-through' a building. As these passageways are not public, and their open-ness is inconsistent, they have not been shown on the competition map. Moreover, a section of olive green exists around these passageways. Athletes must not run through these - unless clearly marked as open on their map. Marshalls will be present in the terrain. Any athlete caught transgressing these rules will be disqualified.

Symbol number 528 - Denoting a 'Prominent line feature' - has been used. It represents a section of play equipment arranged in a line. The feature is easily passable.

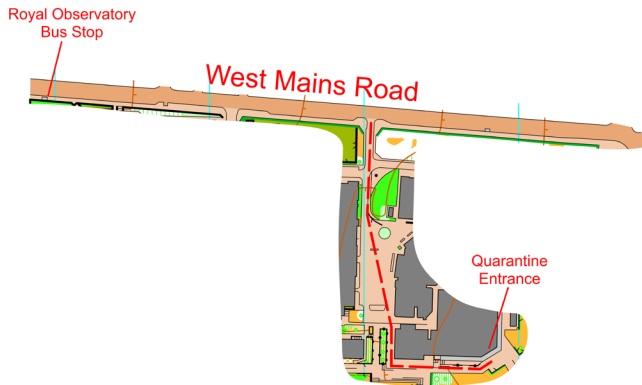
KNOCK-OUT SPRINT - 30TH JUNE

VENUE

[The University of Edinburgh King's Buildings campus, Nucleus Building.](#)

Teams are not permitted to park on the campus, and those travelling on the Lothian Buses #9 must get off at the Royal Observatory stop and not the Kings Buildings stop as you will be entering the competition area.

Teams must follow the route shown on the map below to reach quarantine.



TERRAIN DESCRIPTION

University campus. Mixture of paved and grass areas.

MAP

1:4000, contour interval 2.5m, ISSprOM2019-2, Drawn in February 2024 by Graham Gristwood (ggmaps). Updates June 2024 by Joe Hudd. Old maps are available [here](#).

COURSE DETAILS

	Optimum distance	Climb
Quarter Final	1.8km	15m
Semi Final	2.0km	10m
Final	2.2km	15m

Courses may be forked using a 'Runners Choice' or 'Loops' format.

QUARANTINE

All quarantine locations will be indoor the Nucleus building. Quarantine for the Quarter Finals will open at 08:30. Once finishing a round, athletes will enter a *Post Finish Quarantine*. This will then turn into the *Pre-Start Quarantine* once all heats are finished. There will be no opportunity to purchase food within the Nucleus building so athletes most provide for themselves.

PRE-START / CALL UP

Athletes will be provided with a warm up map that will show the pre-start location. Pre-start will be 4 minutes before the start. It is an athlete's responsibility to be at pre-start for the required time.

FINISH AND COOL DOWN AREA

There will be a Cool-Down area available adjacent to the finish for all rounds, however the area may change depending on the round. Athletes will be given a warm-down map after each round showing permitted areas.

Please note that team tents are not permitted.

EVENT FORMAT

The Knock-out will consist of:

- » 10 Quarter Finals
- » 5 Semi Finals and a repêchage competition
- » 5 Finals and a repêchage competition

The repêchage will consist of all athletes who don't make it through to a Semi Final or Final. Athletes will be started at 10 second intervals ranked based on their finishing positions in the previous round.

The Quarter Finals will be organised as follows:

- » Athletes will be sorted by World Ranking into 10 Quarter Finals for each gender
- » Athletes who finish in the top 3 of their Quarter Final will advance to a Semi Final
- » Athletes who finish 4th+ in their Quarter Final will move into a repêchage competition

Athletes who win their Semi Final will advance to Final 1 (F1). The athlete in 2nd place will advance to F2. The athlete in 3rd place will advance to F3. The athlete in 4th place will advance to F4. The athlete in 5th place will advance to F5. The athlete in 6th place will be demoted to the repêchage.

The athlete who wins the repêchage Semi Final will be promoted to F1, 2nd place in the repêchage will be promoted to F2, and so on.

The repêchage will be ran before the Semi Finals and Finals.

The winner of F1 will be declared the winner of the Knock-out Sprint.

SAFETY

Courses have been planned with safety in mind. However, many athletes will be in the terrain simultaneously. In order to prevent collisions, all athletes should remain vigilant of their surroundings and be prepared to slow down or stop if required.

SPECIFIC TECHNICAL INFORMATION

Symbol number 528 - Denoting a 'Prominent line feature' - has been used. It represents a small section of railway, previously used for scientific testing. The feature is easily passable.